

DEBIRUSS COLLEGE

‘BECOMING MY BEST SELF’



Our Vision

To shape and produce a new generation of ethical, well-behaved men, capable of providing strong, impartial leadership, constantly striving to become their best selves, and possessing the confidence to accept that others may wish to do the same

Our Mission

To inspire, nurture and develop males to become confident leaders in society.

Our Motto

Integrity, Leadership and Equity

‘Becoming My Best Self’, is a leadership and life skills programme for 13 -17 year old males. This one-day programme is focused on youths in churches, schools and other youth communities. The programme targets 13 – 17 year olds because it is a critical developmental age. These are typically JSS1 to SS3 students. This programme addresses mindset, attitude, behavioural and social issues. Our programme is a foundational intervention that will influence how they live the rest of their lives and the impact they have on others.

Attendance

46 participants

were in attendance for the cohorts from Debiruss College, Sangotedo
Friday, June 20



The Real World: challenges men face

Mrs. Ifeoma Idigbe led a session where participants openly discussed thirteen personal challenges they face. The issues included concerns about success and failure, stress, anxiety, anger, distraction, and grief. Each of these challenges was discussed in detail, with solutions offered to help those who may be struggling with similar issues.

The participants also had the opportunity to list topics they would like to have included in future programmes. They identified personal well-being (hygiene and appearance), the challenges of puberty, and developing self-value. The boys' ability to articulate their needs demonstrated their awareness of the programme's importance and their readiness to seek support on their journey.



LEADERSHIP

Olusegun Elisha facilitated the leadership module, during the session, Olusegun introduced the students to the core concepts of leadership, including its values, the importance of emotional intelligence, and different leadership styles. The session was interactive, with a series of questions and answers that encouraged active participation and discussion. The class provided a foundation for the boys to understand the skills needed to become effective leaders in their own communities.



Participants demonstrated how leadership works in real life through a group activity. Participants were challenged to complete a task that required teamwork and guidance.

The activity showed that leaders can be appointed, selected by a group, or can emerge by taking initiative and responsibility. The exercise highlighted that a leader's role is to guide the process and organize a group's efforts. The results of the activity made it evident that without leadership, a group's efforts can lead to confusion and a lack of order.