

raison d'etre

...a newsletter of boys to MEN Foundation



Programmes

- Owing my Space.
- Becoming my best self.
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- Podcasts.

Introduction.

boys to MEN Foundation is a Nigerian non-governmental organisation (NGO) established in November 2017 by Mrs. Ifeoma I. Idigbe, who is the Founder and Executive Vice Chariman. One of the greatest challenges facing young men today is finding their place in the world. We must raise the right kind of men to face the challenges of the new age and drive equity within the social structure. The Foundation is dedicated to supporting boys and men to become their best selves, and so positively impact the communities in which they live. Our ultimate goal is that males become global leaders with integrity. Our programmes commenced in April 2018 and cover different age ranges.

Our Vision: To shape and produce a new generation of ethical, well-behaved men; capable of providing strong, impartial leadership, constantly striving to become their best selves, and possessing the confidence to accept that others may wish to do the same

Our Mission: To inspire, nurture and develop males to become confident leaders in society.

Our Motto: Integrity, leadership and equity.



Mrs. Ifeoma I. Idigbe

Founder, Vice Chairman. boys to MEN Foundation

Celebrating International Men's Day

On November 23rd, 2024, the Boys to Men Foundation celebrated International Men's Day at The Wheatbaker in Ikoyi, Lagos, with the theme "Positive Male Role Models." This annual event brought together community leaders, parents, educators, and young men for a meaningful conversation about the importance of mentorship and the challenges boys face today. The event featured a panel discussion that covered critical topics such as teen sex habits, drug abuse, and effective parenting, emphasizing the need for open dialogue, responsible choices, and the influence of positive role models in shaping the lives of young men.

The discussions highlighted the crucial role that fathers, mentors, and community leaders play in guiding boys through adolescence. It was stressed that positive male role models are essential for fostering healthy self-esteem, emotional resilience, and strong values. The event served as a reminder that, while challenges persist, there are many ways to support boys in becoming confident, responsible men.

The Boys to Men Foundation is committed to celebrating International Men's Day each year, fostering conversations and creating programs that empower boys to navigate the pressures of growing up in today's world. Through mentorship, support, and community engagement, the foundation continues to work towards building a better future for young men.



Meals 4 Kids

Boys to MEN Foundation - Meals 4 Kids Program on Friday, June 28, 2024, Boys to MEN Foundation held its monthly Meals 4 Kids initiative, a heartwarming event dedicated to feeding children in vulnerable communities. This program is part of our ongoing commitment to addressing food insecurity and supporting the well-being of children in need.

Through the generous contributions of our volunteers, partners, and donors, we were able to provide nutritious meals, create a fun and safe environment, and engage with local families. More than just feeding hungry children, Meals 4 Kids is about fostering hope and providing resources that help children thrive. Thank you to all who participated and supported Meals 4 Kids on June 28, 2024. Together, we are building brighter futures for children in need.



Owning My Space

Owning My Space is designed to equip and empower young male corps members, helping them not only succeed academically but also thrive in every aspect of life. This program aims to challenge the unrealistic comparisons and expectations placed on boys in the modern world. It's essential to understand that growth isn't about perfection, but about progress. Boys, in particular, need to learn that real success isn't solely defined by outward achievements, but by inner values such as integrity, leadership, and the continuous pursuit of self-improvement while being their best selves. This year, boys to MEN Foundation successfully held 22 cohort programs at different Local Government Areas in Lagos State, Nigeria.





Podcast

The Boys to MEN Foundation is proud to announce the successful completion of over 19 podcast sessions, tackling issues that directly impact and resonate with boys in today's world. These discussions featured insightful guests who shared real-life experiences, offering valuable perspectives on a variety of important topics.

Among the thought-provoking subjects covered were "A Slave to the WE Syndrome," "Are Females More Ambitious?" "My Truths," and "Does Work-Life Balance Exist?" Each episode sparked meaningful conversations, challenging stereotypes, and encouraging boys to reflect on their own experiences. These podcasts not only provided a platform for honest dialogue but also empowered listeners to embrace their truths and approach life with greater understanding. We are excited to continue creating content that speaks to the heart of the issues that matter most to young men today.



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Monthly Conversations

Every last saturday of the month